Local Wellness Policy Progress Report

School Name: Van Buren CSD **Wellness Contact Name/E-mail: Sara Coffin, sara.coffin@van-burencsd.org**

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals.

District Wellness Policy Goals *(add more lines for goals as needed)*	**Contact Person**	**Fully in Place**	**Partially in Place**	**Not in Place**	**List steps that have been taken to implement goal and list challenges of implementation.**	**List next steps that will be taken to fully implement and/or expand on goal.**
Nutrition Education and Promotion Goals						
1. The school district will provide nutrition education and engage in nutrition promotion that includes all grade levels, is part of health and FCS classes, but also all classroom instruction.	Chuck Banks (Curriculum Director)		x		Nutrition education is part of the health curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into other grades.
2. Includes enjoyable developmentally appropriate, culturally relevant activities. Links with meal programs and other food and nutrition related community services. Emphasizes caloric balance between food intake and physical activity.	Chuck Banks (Curriculum Director)	x			PLC communities work on instruction and activity techniques.	Teachers will work with head of food service to coordinate with meal program.
3.						
Physical Activity Goals						
1. The school district will provide K-6 students with 30 min of PA per day. MS & HS students must have at least 120 min of PA per week.	Chuck Banks, MaryDawn Schuck	x			Met through a combination of recess, PE, classroom activities, school and non-school sponsored athletics and other activities the body is exerted.	Would like to see increase in amount of daily PA. Increase PE opportunities and use of brain breaks for PA in the classroom.
2.						

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Other School Based Activities Goals						
1. Market activities that promote healthy behaviors.	Dr. Ewell		x		Posters promoting PA and healthy eating. Advertisement on TV screens for healthy activities & behaviors	Plan monthly taste-testing and a featured PA to promote.
2.						
3.						
Standards and Nutrition Guidelines for All Foods and Beverages Sold to Students During the School Day (e.g. vending, school stores, etc.)						
1. Foods sold for fundraising will comply with the guidelines of Healthy Kids Act Nutritional Content Standars and USDA Smart Snack Standards.	Dr. Pamela Ewell - superintendent		x		Fundraising options are to be approved by school board.	Remind school board members of the guidelines and what our wellness policy states. Encourage use of non-food items for fundraising.
2. Foods sold to students during school day through meal program or vending will comply with the guidelines of Healthy Kids Act Nutritional Content Standards and USDA Smart Snack Standards.	Dr. Pamela Ewell - superintendent	x			Nutrition program in full compliance and no vending machines available for student use.	Look into using vending machine stalked with healthy foods/beverages that meet guidelines.
3.						
Standards for All Foods and Beverages Provided (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.						
1. Encourage classroom snacks brought from home or used as rewards to be commercially prepared foods and comply with nutrition guidelines of wellness policy.	Chuck Banks, MaryDawn Schuck		x		Teachers are reminded to encourage students to bring commercially prepared and healthy foods. Teachers are encouraged to use non-food	Provide nutrition guidelines and request for commercially prepared, healthy foods in a letter that is sent home with each student at the start of the

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					items for rewards.	year. Letter should also include list of healthy snack ideas.
2.						
Polices for Food and Beverage Marketing						
1. The school district will encourage the marketing and promotion of foods and beverages that meet the Healthy Kids Act Nutritional Content Standards and USDA Smart Snack Standards.	Gayle Hervey – food service director	x			Seek out investments and contracts that include brand marketing that promote healthier lifestyle, food, and beverage choices. No pop vending available.	Sales of non-food items or fruit for fundraising. Posters. Pricing structures that promote healthy options in a la carte lines.
2.						